

# **Chewable Multi-vitamin**

BIOACTIVE MULTIVITAMIN/MULTIMINERAL



### **HEALTHY, TASTY CHEWABLES**

For many parents, the need for supplementation is obvious. Fast food, a mainstay for so many children, simply does not provide the nutrition that young people need. While supplements cannot replace a good diet, **Chewable Multi-Vitamin**, formulated for children, lowers the risks associated with a poor diet.\*

There are two sets of criteria that can be used to evaluate a supplement, which are not always satisfied in commercial brands.\* **Chewable Multi-Vitamin** meets both of the following needs:

- Parents are concerned with what is in the supplement and how it will benefit their child.\*
- Children are primarily concerned with the taste and texture of what is being put into their mouths.

Contrary to popular belief, pleasant taste can be achieved without the empty calories of refined sugar. **Chewable Multi-Vitamins** are flavored only with a small amount of natural cane juice for a unique and pleasing flavor.

Many children's multivitamin/mineral formulas contain only a few (usually 10-11) essential nutrients and have very poor bioavailability.\*

**Chewable Multi-Vitamin** includes 24 essential nutrients.

Only **Chewable Multi-Vitamin's** complete formula includes the following important nutrients for children that others leave out.\*

- Chromium aids in sugar metabolism.\*
- Silica promotes bone, hair, skin, and connective tissue health.\*

**Biotin** promotes proper fat, protein, and sugar metabolism.\*

What you don't find in supplements is often just as important as what you do find. Chewable Multi-Vitamin is free of iodine, iron, and copper. These nutrients should always be taken separately. When included in a multiple formula, they can oxidize the antioxidants and cause free radical damage. Additionally, iron should always be taken separately as it competes with calcium and zinc.\*

#### SOME ADULTS PREFER CHEWABLES

Chewable Multi-Vitamin is not only complete for kids, but offers a viable alternative for adults as well. Many adults do not like to swallow pills. For individuals who are in need of detoxification and are required to build up their dosage slowly, **Chewable Multi-Vitamin** offers greater control in dosing.\*

#### **SETTING A HIGHER STANDARD**

Chewable Multi-Vitamin is an exceptionally pure product, using only pharmaceutical grade ingredients. These ingredients are combined in biologically correct proportions, with the natural transporters and cofactors necessary for maximum

activity. This means much more active uptake and utilization.\*

**Directions:** As a dietary supplement, take one (1) chewable tablet daily or as directed by your health professional.

SUPPLEMENT FACTS Serving size: 1 Chewable Servings per container: 90	
Energized Nutrients Vitamin A (beta-carotene) Vitamin C (100% I-ascorbate, fully reduced, corn frou Vitamin D-3 (cholecalciferol). Vitamins E (from mixed natural tocopherols) Vitamin B-1 (thiamine HCl) Vitamin B-3 (niacinamide) Vitamin B-5 (calcium d-pantothenate) Vitamin B-6 (pyridoxine) Vitamin B-12 (hydroxocobalamin) Biotin (pure crystalline) Folate (as calcium folinate) Calcium gluconate Magnesium gluconate Manganese (as gluconate) Zinc (as citrate and aspartate) Chromium (as picolinate and ascorbate) Selenium (as selenomethionine) Potassium gluconate Choline (citrate)	
Inositol  PABA (para-aminobenzoic acid) Quercetin dihydrate (water-soluble bioflavonoid) Silica (from equisetum botanical) C16 and C18 alkyls from whole, untreated palm frum the structure of the str	

Other Ingredients: None

The Food and Drug Administration (FDA) does not regulate the activity of vitamins. Consequently, vitamins need not be manufactured to pharmaceutical standards or tested for bioavailability. In fact, the tablet binders and fillers that can overwhelm or contaminate active ingredients are often not listed on the label. This is a particularly important issue for individuals who are sensitive. We test our products to guarantee all label claims.\*

Chewable Multi-Vitamin uses active vitamin D3, eliminating the question of vitamin D toxicity.

The natural forms of the nutrients in Chewable Multi-Vitamin is suitable for people who are sensitive to the citrus products used in most chewable formulas; Chewable Multi-Vitamin does not contain rose hips or hesperidin (citrus) flavonoids.

## **REFERENCE**

1. Subar AF, Krebs-Smith SM, Cook A, Kahle LL: Dietary sources of nutrients among US children, 1989-1991. Pediatrics 1998 October; 102(4Pt 1): 913-923.



Prosper Nutrition, Houston, TX 77066 info@prospernutrition.com • 281-595-8959